

Parent & Child Activity Calendar

Cornbelt Educational Cooperative



THE
PARENT
INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Look at a calendar with your child and discuss how many days are in each month.	2 Play What am I? with your child. Say, "I am big and grey. I have a long trunk and I live in Africa."	3 Discuss a few weather changes that take place in the fall. (Days are colder and shorter.)	4 Let your child pick out some school supplies today—even if she doesn't attend preschool.	5 Tell your child a story. Ask him to listen for one word, like <i>dog</i> . Tell him to clap each time he hears you say the word.	6 Make a puzzle. Glue paper to the back of a magazine picture. Cut it into pieces. Take turns putting it together.	7 Have a screen-free day today. Let your child choose alternative activities.
8 Make a special effort to reinforce manners today. Remind family members to say <i>please</i> and <i>thank you</i> .	9 Help your child start a collection of rocks or leaves. Count and sort them. Talk about shape and color.	10 When your child asks a question you can't answer, write it down. Keep a list of questions to look up later.	11 When your child is unsuccessful with a task, ask her, "How would you do it differently next time?"	12 Place some light and heavy objects on the floor. Have your child blow on them. Which items blow away? Why?	13 Bounce a ball once and say <i>one</i> . Bounce it twice and say <i>one, two</i> . Encourage your child to try. How high can he count?	14 Ask your child to pick out three books. Read them together today.
15 Fill glasses with different amounts of water. Have your child tap each with a metal spoon and listen to the tones.	16 Praise your child for something she did today. Make your praise as specific as possible.	17 Hide an object and give your child three easy clues to find it. Congratulate him for following directions when he finds it.	18 Encourage independence. Make rules with your child about getting her own snack or choosing what to wear.	19 Make up trivia questions about family members. Quiz one another at the dinner table.	20 Challenge family members to write, eat or do other activities with the hand they don't favor.	21 Plant a fall flower, such as a mum, with your child. Or plant bulbs that will come up in the spring.
22 Talk about shapes while driving. Road signs come in different shapes and will help your child learn them.	23 Ask your child <i>how</i> and <i>why</i> questions to strengthen his thinking skills.	24 Make sure your child knows her street address. Look at the number together.	25 Turn your child's plate upside down. Explain the concept of <i>upside down</i> . Then turn it up to put food on it.	26 Read three poems with your child today.	27 Create an obstacle course for your child. He could go around a chair, under a table or through a box.	28 Give your child some coupons, each good for 30 minutes of your uninterrupted attention.
29 Make a habit of using Sunday nights as a time to talk with your child about the week ahead.	30 Play a game of Follow the Leader. Take turns <i>leading</i> and <i>following</i> and talk about what those words mean.					

September 2019