

Parent & Child Activity Calendar

Cornbelt Educational Cooperative



THE
PARENT
INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.
2 Give your child measuring spoons. Ask her to line them up biggest to smallest. Then nest them one inside another.	3 Read a story together. In the middle of the story, ask your child how he would end it?	4 Have your child hold her nose while she eats. Does it affect the taste of the food?	5 Show your child some photos of himself at different stages of life. See if he can tell in which photo he was youngest.	6 Put shaving cream on a cookie sheet and let your child draw in it with her fingers. This strengthens fine motor skills for writing.	7 Does your child need new books? Plan a neighborhood book swap.	8 As you do errands, help your child talk with people about the jobs they do.
9 Read a poem aloud. Stop to let your child guess what the next rhyming word will be.	10 Help your child measure something with a ruler. Count the inches together.	11 Expect your child to pick up toys after play time. Turn on some music to make it fun!	12 Ask your child to <i>hop</i> like a bunny, <i>crawl</i> like a turtle or <i>slither</i> like a snake.	13 Have your child practice throwing a ball into a box. Challenge him by increasing the distance he must throw the ball.	14 At dinner, have each family member say something nice about every person at the table.	15 Join your child for pretend play today. For example, if she wants to be the doctor, you pretend to be the patient.
16 Have your child look for buried treasure. Make a map that leads to a small treasure.	17 Help your child practice saying his name and phone number.	18 Take turns telling a story. Say, "There once was a family who lived" Have your child finish the sentence.	19 Look through a magazine and find three objects. Then, ask your child to find them and circle them.	20 Choose a book with lots of pictures. Instead of reading it, have your child tell you the story based on the illustrations.	21 Teach your child how to sing in a round. This is when each person sings the same song but starts at a different time.	22 Invite a friend to play with your child. Encourage your child to share and take turns.
23 Take a walk with your child and use all five senses to observe the world around you.	24 Help your child practice cutting with safety scissors. Have her cut along a straight line and then along a curve.	25 Play a "fill-in-the-blank" game. Say, "A fire is hot, but ice is _____." Have your child fill in the last word.	26 Let your child use blunt-nosed tweezers to pick up small items. This builds muscles needed for writing.	27 Stand your child against a wall. Use a spoon as a ruler and see how many "spoons" tall he is.	28 Will your child start kindergarten in the fall? Find out when to register.	29 Today is Leap Day. Talk to your child about what makes February 29 a special day.