

# Parent & Child Activity Calendar

Cornbelt Educational Cooperative



THE  
**PARENT**  
INSTITUTE®

## Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>January 2020</b>			<b>1</b> This is the first day of the year. Discuss the meaning of <i>first</i> . For example, breakfast is the first meal of the day.	<b>2</b> Make a list of the best times you had with your child last year. Schedule time on the calendar to do them again this year.	<b>3</b> Place a sheet of paper in a box. Dip a marble in paint, drop it in the box and have your child roll it around.	<b>4</b> Does your library have a list of recommended books for preschoolers? Check some out to read with your child.
<b>5</b> Ask your child to think of words that rhyme with words you say.	<b>6</b> Talk about <i>honesty</i> and why it is so important. Find examples of people who demonstrate honesty.	<b>7</b> Draw a face on each of your child's index fingers with washable marker. Ask her to retell a story with puppet fingers.	<b>8</b> Wrap masking tape sticky-side out around your child's fingers. Let him use his "sticky hand" to pick up small, light objects.	<b>9</b> Ask your child, "What if your favorite zoo animal lived in your room?"	<b>10</b> Celebrate your child's accomplishments with a "can-do" list. "Maria can: run, count to 10, zip her coat." Post the list.	<b>11</b> Tonight, look at the moon. Is it a crescent, full circle or half circle? Draw the shapes and let your child choose.
<b>12</b> Look outside at least three times during the day and describe the weather with words such as <i>sunny, cloudy</i> or <i>rainy</i> .	<b>13</b> Gather some floating and sinking objects. Ask your child to test which will float or sink in water.	<b>14</b> Show your child a new shape today. If he knows the basics, introduce a hexagon (six sides) or octagon (eight sides).	<b>15</b> Discuss happy and sad feelings. Have your child talk about actions or words that make him feel happy or sad.	<b>16</b> Ask your child questions that require more than a <i>yes</i> or <i>no</i> answer: "What was your favorite part of the story?"	<b>17</b> Make a letter tree. Hang new letters from the tree as your child learns them.	<b>18</b> Exercise with your child. Try touching your toes, doing sit-ups, running in place or stretching your arms and legs.
<b>19</b> Set aside some time to spend one-on-one with your child today.	<b>20</b> Imitate an animal and ask your child to guess what you are pretending to be. Give hints if necessary.	<b>21</b> Play Silly Simon Says. Ask your child to pick up a block without using her hands, or to talk without opening her mouth.	<b>22</b> Talk about all the things we do with our bodies: walk, eat, wave, smell, throw. Which parts do we use for these actions?	<b>23</b> Ask your child what people make up a family (mother, aunt, child.) Tell him there are many kinds of families.	<b>24</b> Encourage your child to look at a familiar thing in a new way. A shoebox can be a doll's bed; a cereal box can be a house.	<b>25</b> Go to the library and check out some books about winter.
<b>26</b> Paste a drawing on cardboard. Punch holes around the edge. Have your child thread a shoelace through the holes.	<b>27</b> Cut out shapes from paper (triangle, rectangle, square, circle). Challenge your child to arrange them to form a boat.	<b>28</b> Encourage creativity. Ask your child "What if your hair were made of spaghetti?"	<b>29</b> Talk to your child about different forms of transportation: trains, cars, buses, airplanes, boats, etc.	<b>30</b> Give your child three pictures that show different steps in a process. Ask, "Which came first, second, last?"	<b>31</b> Emphasize the concepts of <i>now</i> and <i>later</i> . Say, "Now we'll clean up. Later we'll eat dinner."	