

Parent & Child Activity Calendar

Cornbelt Educational Cooperative



THE
PARENT
INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 2020			1 Share something of yours with your child today. It's the best way to teach him to share with others!	2 Send your child something through the mail. She will be thrilled.	3 With your child, learn to say <i>hello</i> in two other languages.	4 April is National Poetry Month. Go to the library with your child and check out a few books of poetry for children.
5 Cut an apple in half. Let your child dip the cut edge in a shallow pan of paint. Press it on paper to make fruit prints.	6 Plan a week of alphabet dinners. Choose a different letter for each day, then serve foods that start with that day's letter.	7 Let your child draw on paper with a white candle. His picture will magically appear when he paints over it.	8 Talk with your child about things that are associated with spring, such as flowers, picnics and sunshine.	9 Encourage your child to try two motor tasks at the same time—for example, clapping her hands while she's walking.	10 Talk with your child about the different food groups and the importance of making healthy food choices.	11 Visit the library with your child. Check out a book about science.
12 Help your child make a telescope out of paper towel tubes taped together. Decorate it together.	13 When your child has a problem, give him two possible solutions and let him decide which one to choose.	14 Help your child create an imaginary land. Together, name it and make up a story about it.	15 Teach your child the rhyme "April showers bring May flowers." Have your child draw a picture of rain and flowers.	16 Let your child see you keep your temper when you are angry. Instead of yelling, talk calmly about how you feel.	17 Dim the lights and move the beam of a flashlight across the floor. Ask your child to jump over the beam or step on it.	18 Make a "touch box." Fill it with cotton balls, rocks and pieces of tree bark. Can your child guess what he's touching?
19 After a bath, let your child make wet footprints on colored construction paper. What do they look like?	20 Play the I Spy game. Say "I spy something orange." Let your child guess what it is. Then it's her turn to "spy" something.	21 Tap out a simple rhythm with household instruments, such as spoons. See if your child can copy it.	22 Talk about the difference between <i>night</i> and <i>day</i> . Have your child draw a night picture and a day picture.	23 Write a number and have your child shape the number with clay or play dough.	24 Set up a well-lit corner with pillows and favorite books. Encourage your child to get cozy with books.	25 Use sidewalk chalk to draw pictures outside with your child on a warm day.
26 Have your child decorate a piece of cardboard. Cut a hole at the top and let your child use it as a door knob hanger.	27 Teach your child the "Golden Rule"—treat others as you would like to be treated.	28 Talk to your child about uppercase and lowercase letters. Show him how each letter can be written differently.	29 Ask your child, "What do you look forward to when you wake up in the morning?"	30 Have your child imagine she's a chef in a restaurant. What foods would she serve?		